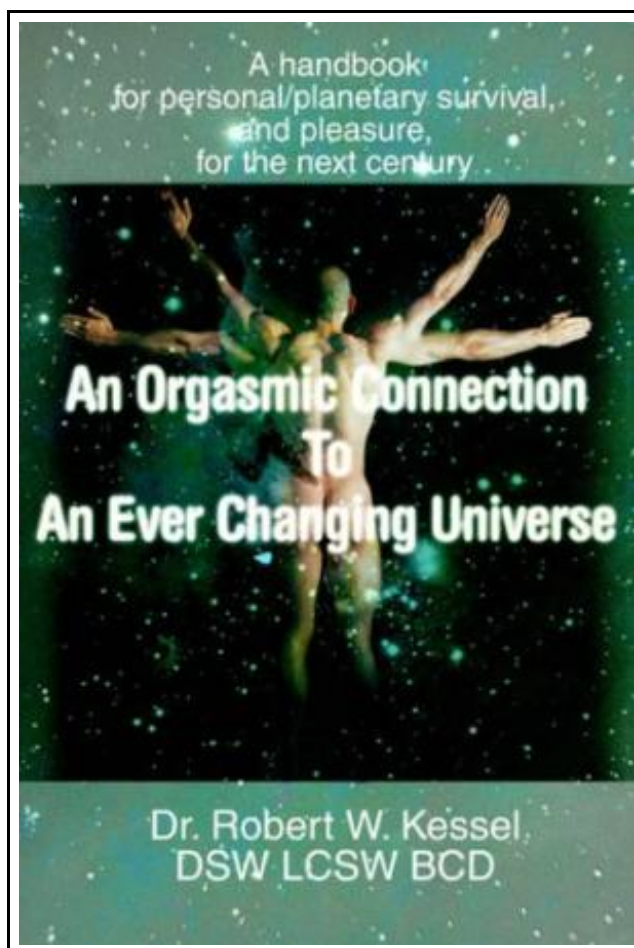


An Orgasmic Connection to an Ever Changing Universe: A Handbook for Personal/Planetary Survival, and Pleasure, for the Next Century (Paperback)



Filesize: 1.46 MB

Reviews

Good e-book and useful one. It typically does not expense an excessive amount of. I am just delighted to tell you that this is basically the finest book we have read during my very own existence and could be he best ebook for actually.

(Audra Hodkiewicz)

AN ORGASMIC CONNECTION TO AN EVER CHANGING UNIVERSE: A HANDBOOK FOR PERSONAL/PLANETARY SURVIVAL, AND PLEASURE, FOR THE NEXT CENTURY (PAPERBACK)



iUniverse, United States, 2005. Paperback. Book Condition: New. 223 x 147 mm. Language: English . Brand New Book ***** Print on Demand *****. An Orgasmic Connection To An Ever Changing Universe is a handbook for managing the accelerated pace of change in individual and global affairs occurring in the 21st century. Profound effects of national and global politics, new understandings in health and fitness, and a growing appreciation of our intimate connection to our planet are personal challenges for all. Dr Bob draws upon 45 years of experience as a college professor, psychotherapist, and holistic health practitioner, to provide one book that unifies a variety of disciplines which offers a comprehensive evolutionary path. By including the most recent findings in the social, biological, and physical sciences; as well as examining the historical development of world-shaping ideas, he suggests ways to integrate personal, social, and planetary change. Life style practices designed to improve health and wellbeing include: * Psychological: healing the inner dialog, and coping with painful emotions. * Physical: using movement to strengthen one s inner and outer body. * Social: the effects of others on health and well-being. * Nutritional: the effect of food on health, attitude, and energy. * Spiritual: ones personal and intimate connection to the universe. An Orgasmic Connection To An Ever Changing Universe offers new insights into the world of the 21st century.



[Read An Orgasmic Connection to an Ever Changing Universe: A Handbook for Personal/Planetary Survival, and Pleasure, for the Next Century \(Paperback\) Online](#)



[Download PDF An Orgasmic Connection to an Ever Changing Universe: A Handbook for Personal/Planetary Survival, and Pleasure, for the Next Century \(Paperback\)](#)

Relevant eBooks



New Chronicles of Rebecca (Dodo Press) (Paperback)

Dodo Press, United Kingdom, 2007. Paperback. Book Condition: New. 224 x 147 mm. Language: English . Brand New Book ***** Print on Demand *****.Kate Douglas Wiggin, nee Smith (1856-1923) was an American children s author...

[Read Book »](#)



Oxford Reading Tree Read with Biff, Chip, and Kipper: Phonics: Level 6: Gran s New Blue Shoes (Hardback)

Oxford University Press, United Kingdom, 2011. Hardback. Book Condition: New. 172 x 142 mm. Language: English . Brand New Book. Read With Biff, Chip and Kipper is the UK s best-selling home reading series. It...

[Read Book »](#)



Readers Clubhouse B Just the Right Home (Paperback)

Barron s Educational Series, United States, 2006. Paperback. Book Condition: New. Marilee Harrald-Pilz (illustrator). 224 x 147 mm. Language: English . Brand New Book. This is volume seven, Reading Level 2, in a comprehensive program...

[Read Book »](#)



Readers Clubhouse Set B Joe Boat (Paperback)

Barron s Educational Series, United States, 2006. Paperback. Book Condition: New. Kristin Barr (illustrator). 221 x 147 mm. Language: English . Brand New Book. This is volume four, Reading Level 2, in a comprehensive program...

[Read Book »](#)



Readers Clubhouse Set a Nick is Sick (Paperback)

Barron s Educational Series, United States, 2006. Paperback. Book Condition: New. Carol Koeller (illustrator). 221 x 147 mm. Language: English . Brand New Book. This is volume three, Reading Level 1, in a comprehensive program...

[Read Book »](#)