



Hiding Behind a Uniform (Paperback)

By Somone Young

Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.US Navy Chief Petty Officer Somone Young was an efficient, dedicated servicewoman with a strong drive to master the technical skills her job demanded. Few who knew her suspected the inner battle she fought every day for much of her life. After enduring betrayal and sexual abuse at the hands of her father, Young was abandoned to the foster care system, moving through multiple homes before returning to her mother after her parents divorced. The mental and physical torments of her childhood left her with severe depression and abandonment issues. Fearing revealing her mental health issues could damage her career and reputation, Young tried to hide her pain behind her uniform-only to suffer through several suicide attempts when the pressure threatened to overwhelm her. After twenty years of service and her retirement from the Navy, Young finally discovered her own self-worth and began the long process of healing. An honest portrayal of the struggle so many service members undergo because seeking mental health assistance could damage their careers, Hiding behind a Uniform serves as a reminder that seeking...



READ ONLINE
[2.11 MB]

Reviews

An exceptional pdf and the typeface utilized was fascinating to read through. It can be written in straightforward words and phrases instead of confusing. I am just quickly could possibly get a delight of looking at a written ebook.

-- Prof. Arlie Bogan

It is in a single of the best book. This is for those who state there had not been a well worth reading through. Once you begin to read the book, it is extremely difficult to leave it before concluding.

-- Dr. Barney Robel Jr.