



Forever Young: The Science of Nutrigenomics for Glowing, Wrinkle-Free Skin and Radiant Health at Every Age

By Nicholas Perricone

Atria Books. Paperback. Book Condition: new. BRAND NEW, Forever Young: The Science of Nutrigenomics for Glowing, Wrinkle-Free Skin and Radiant Health at Every Age, Nicholas Perricone, Dr. Perricone's FOREVER YOUNG makes an extraordinary promise: by following a program designed to decrease wrinkles and dramatically improve the appearance of the skin, the reader is also guaranteed more energy, less fat and an improved mood. The core of Dr. Perricone's appeal is his scientific grounding and authority. At the core of the new book is an exciting new science on skin: Nutrigenomics and gene expression. With his innovative vision, Dr. Perricone has applied the new science to ease wrinkles, make the skin supple, smooth and glowing. His prescriptive program will shave years off the reader's appearance and will give the reader more energy.



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