



## Once-A-Month Cooking: A Proven System for Spending Less Time in the Kitchen and Enjoying Delicious, Homemade Meals Every Day

By Mimi Wilson

Griffin. Paperback. Book Condition: New. Paperback. 208 pages. Dimensions: 9.0in. x 7.5in. x 0.7in. Since the first edition of Once-a-Month Cooking was published in 1986, its proven, practical method has helped hundreds of thousands of families reduce their cooking time and still enjoy nightly home-cooked meals. You don't have to be a super savvy chef to pull your family together each week for these light and simple, easy-to-prepare meals. Revised to reflect today's healthier diet, this revised edition explains how to: plan ahead, spend less time at the supermarket, cut down on prep time, group similar kitchen tasks together to get them all done at once, make kitchen clean-up more manageable, and use the freezer, computer, and your head to create a month full of delicious meals! Contains many easy, prepare-ahead recipes for dinner time success such as: --Baked Jambalaya Mexican--Chicken Lasagna--Chicken Taco Salad--Slow Cooker Cranberry Pork--Veal Scaloppini--And more! Whether you are a busy parent on the go or you just want a quick dinner to warm your spirit, you'll be instantly hooked on this cookbook classic and its fool-proof Once-a-Month Cooking method! This item ships from multiple locations. Your book may arrive from Roseburg, OR, La Vergne, TN. Paperback.



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